



The Blessing of Unicorns



All those who have completed the two day Find Your Inner Unicorn retreat automatically become members of The Blessing free of charge. This gives you access to the private Facebook Group for Inner Unicorns, weekly blogs emailed to you and access to the annual retreat – a weekend of support, celebration, nurturing and pampering.

There are two further membership options, which give you access to an increased level of support and connection to the other members of The Blessing, either in The Glade (£25 per month) or at The Gathering (£40 per month).

Paid membership is for a subscription period of 12 months via Standing Order to Find Your Inner Unicorn or in advance with one payment to secure a 10% discount.

Once you have become a paid member of either The Glade or The Gathering, bookings for each event are made via Eventbrite (more details in the Calendar of Events on how to book).

Option 1 – The Glade, £25 per month

- Facilitated monthly online check-in sessions, The Glade, 1.5 hours, offered as daytime, evening or weekend sessions. The focus is on using the tools and techniques from the workshop to continue to deepen self-awareness, moving away from reactive behaviour, creating empowered mindsets and freedom to make choices. A summary of the topic for the month is included in the Eventbrite booking page.
- A 10% discount on the standard rate of £150 per 1.5 hour session for 1-2-1 transformational, values-based coaching via Skype

Any member of The Blessing wishing to join The Glade online check-in session on a one-off basis is welcome to do so for £35.



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Option 2 –The Gathering, £40 per month

In addition to the support offered through The Glade, this option offers:

- Bi-monthly facilitated group sessions, The Gatherings limited to 8 participants, 3 hour facilitated sessions offered as daytime, evening or weekend sessions. The facilitation will bring a focus on key modules from the workshop revisited in depth and bringing in other modalities, perspectives and wisdom traditions. A summary of the topic for the month is included in the Eventbrite booking page.
- A 20% discount on the standard rate of £150 per 1.5 hour session for 1-2-1 transformational, values-based coaching via Skype

Any member of The Blessing wishing to join The Gathering on a one-off basis is welcome to do so. Participation in The Gathering is £65.

The Glade	Topic for the month	The Gathering
October	<i>Being Your Best Self</i>	October
November	<i>Revisit Iceberg model and explore “what made me me?”</i>	
December	<i>Transforming Festive Season Triggers</i>	December
January	<i>Clearing space for what wants to emerge</i>	
February	<i>Love languages and the impact of values on our relationships</i>	February
March	<i>Mindset Spring Clean</i>	



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Follow-on course: Exploring Purpose and Legacy

This one-day course is offered for those who wish to further explore and consolidate your purpose and legacy. It emerged from feedback from participants on the two-day retreat who requested an opportunity to come together to reflect and work on these aspects of finding your inner unicorn.

The course builds on the initial identification of purpose and legacy in the two day retreat. We add some further tools, techniques and ways of working to deepen your sense of connection to your purpose and help you clarify and crystallize your legacy.

Any member of The Blessing can choose to book to attend this course at any time. Dates are publicised on Eventbrite and the Calendar of Events.

Exploring Purpose and Legacy is £295.





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Advanced Programme – Conscious Creation

Members of The Blessing who have attended both Find Your Inner Unicorn and Exploring Purpose and Legacy can join our advanced programme, Conscious Creation. This six month programme supports you to step fully into creating your legacy, realising your vision and living consciously through your values and purpose.

The Conscious Creation programme begins with a one day course, including lunch, to introduce the concept, principles and stages for manifestation. You receive your copy of a Conscious Creation journal to use as the programme continues. This is based on the 7 Levels of Consciousness model and will support you to work deeply at each level, with expanded awareness and focused intention, to create what you most wish to realise and bring to life.

Ongoing support is offered in two formats so that you can choose which suits you best or mix and match group sessions and online coaching:

Option 1 – 6 x 1-2-1 coaching sessions, 1.5 hours each via Skype, over the 6 months following the workshop. Times and days to suit you including evenings and weekends.

Option 2 – 6 x facilitated group coaching sessions, on a monthly basis following the workshop, 2.5 hours per session to be run on weekday evenings. This option requires a minimum of 4 participants to run.

The Conscious Creation programme is £1150.

Dates for the initial course are on Eventbrite and the Calendar of Events.

